

THE PRESTON PAPER

SPRING TERM 1 - GONE IN A FLASH



WELCOME
BACK!

Welcome back to our first edition of 2026! Hasn't this term flown by. Today in the paper we have some interesting articles for you to read including:

1. Resolutions - did you make any?
2. Celebration Days - what they are and why we love them!

We will also tell you about the Trust Parliament visit, which just so happens that some of fellow paper team are on.

As well as all of this, we even have a wordsearch and a tasty bake for you to have a go at.

Just a heads up, as well as writing the intro, we wrote about the celebration days too, so why don't you check that out first! :)

Pola and Eirn

Trust Pupil Parliament Update!!!

Hello and welcome to the update of the Trust Pupil Parliament, Today we'll be talking about the magnificent trip which took place on Friday 23rd January.

We had to arrive at school at 8 o'clock in the morning instead of quarter to nine. Then, we got onto the mini bus and went to Milton Keynes, Mayor's Office where we met the mayor and had a look around the chamber, which is where the public will talk to the mayor for their rights.



After that, we asked the mayor some questions about being the mayor such as: How does he help the environment? Why does the mayor only get to be the mayor for one year and the deputy mayor for the next year?

Can you believe that we got to wear the mayor's chain which was made from real gold? We were treated to some biscuits (which were delicious!).

Then, we did a democracy activity where we said what we would do if we were the mayor for one day.

Finally, we got our teal ties and certificates and went back to school.

By Heidi and Harry.



CELEBRATION DAYS

Why do we have celebration days? We have celebration days to help us get involved in our topics that we are covering that term. We build on our knowledge and get to cover further aspects. Things we love is that you get to dress up, whether that is as a soldier from WWI in Year 5 or as an explorer in Year 2. We also often get to experience the culture of a place through food and activities, such as learning African drumming, just as Year 3 did at the beginning of the week. Celebration days include exciting ways of learning, such as through drama.

BY EIRN and POLA



RESOLUTIONS!

Did you hit January and think you might be ready for a change? Or did you think that you like what you're doing and could focus on some aspirations or goals instead? Here are some ideas for resolutions you could try this year:

1. Face your fears
2. Drink more water
3. Healthy eating
4. Exercising more
5. Go on more walks
6. Get more rest
7. Be more active
8. Reduce screentime



Resolutions were dated back to many years ago and it's still very popular today in many countries. Although resolutions are normally very hard to keep up with all year, do you think you will consider having a resolution and keeping it all year round?

By Ayesha and Christy

In school, we have 6 values, but we also learn and focus on the Modern British Values. See whether you can spot them in the wordsearch below:

- Respect**
- Tolerance**
- Individual Liberty**
- Rule of law**
- Democracy**

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We have also hidden the team's names in the wordsearch, can you use the article information to work out each of our names and find them too?

Felix and Tumi

How to bake a brilliant brownie!

Although your new year resolution might be to eat healthy, we all need a treat every now and then, so here we are, letting you know a great recipe idea. Go on, treat yourself!

You will need:

- 75 g dark chocolate
- 75 g unsalted butter/baking spread
- 1 egg
- 1 egg yolk
- 100 g light brown soft sugar
- 40 g plain flour
- 20 g cocoa powder
- 75-125 g chocolate chips

First: Preheat the oven to 180°C/160°C fan and line a 2lb loaf tin.

Next: Add the dark chocolate and butter to a medium bowl and melt until smooth - let this cool for a few minutes.

Add the egg, egg yolk, and sugar to the bowl and mix until combined

Fold through the melted butter/chocolate mixture

Add the plain flour, cocoa powder and chocolate chips and fold together.

Pour the mixture into the tin and bake for 16-20 minutes.

Leave to cool fully and for best results then set them in the fridge for 2-3 hours.

We hope you do enjoy these but just don't eat them all at once.



By Daisy and Harrison

Recipe adopted from Jane Patisserie