# THE PRESTON PAPER



## **Happy 2024!**

BY LILY

Welcome to the Preston Paper's first edition of 2024! In this article you can find a sneak peek on what our Equality and Diversity team have been getting up to, riddles to test your logic, top tips on keeping safe in winter and more! There's even a section on escaping to another country.

While there is lots to keep you entertained in this edition, we have many more fun facts up our sleeves for the next edition! However, before that read on to find out what's in store for you in our 5<sup>th</sup> copy!



BY HESALI

The girls football tournament took place at Holne Chase on Friday 12<sup>th</sup> January and included the Year 5 and 6 girls. The whole event lasted about 2 hours long and both teams did amazingly well, coming both 1<sup>st</sup> and 2<sup>nd</sup>. Well done to all the children involved, what great results!

Another tournament took place at Woodland View and still involved Year 5 and 6 girls, but a different team. The event was on the 24<sup>th</sup> of January and took place after school. Even though they did not win, they all showed the schools values and Miss Phillips was very proud of them. "I was so proud of how they kept going and supported each other, it was a pleasure to take them to the tournament, they are a lovely group of girls!"

The next tournament to take place is the Year 5 and 6 girls and boys netball tournament. The children have been working hard in their training sessions and we wish them lots of luck for the matches.





#### **WORLDLY WISE**

BY MCKAYLA AND LILY

Want to know more about clubs around our school? Well you're in luck, we have inside information on what our Equality and Diversity team are getting up to! They are going to be focusing on protected characteristics for Worldly Wise Week.

Worldly Wise Week is a week where we as a school focus on a certain protected characteristic per term. The Equality and Diversity team will be revealing this term's characteristic in their next assembly, so keep an eye out! We can tell you that it won't be race or age as we have already focused on these. Any guesses what it might be?



















### KEEPING SAFE IN WINTER

BYJACK



Year 5 completed Bikeability this week and it got us thinking about ways to keep safe when out and about, not only on a bike, but in winter too. Here are some helpful tips.

- When out and about make sure not to run or mess around on icy/frosty ground to avoid slipping over
- If you are out on your bike, scooter or even walking in the dark make sure to wear bright clothing or have some sort of light with you
- Layer up so that you don't get ill or cold when outside
- Make sure to wear thick coats, hats and gloves

Stay safe!



# THE PRESTON PAPER

# A trip to Holland

#### BY MILAN

Have you ever travelled anywhere new? By plane, train or even bus? In the last edition, I shared what I would be getting up to over Christmas in a different country. Having got back, I wanted to share some of the cool things that I found out about this country, Holland.

- Dutch men are the world's tallest people, they grow up to 2 meters tall
- Netherlands (Holland) is well known for their cheese, including gouda (pronounced g-ow-da)
- Wooden shoes are known as 'klompen'. Whilst in the past they were traditionally made from wood, nowadays they can be made from leather, which is much more comfortable!
- Netherlands have 3 times as many bicycles as cars it is a great way to get around, particularly as the country is known for being flat
- Tulips and windmills are famous features of Holland
- They have the finest bike paths ever! (well, in my opinion anyway!)
- They have the largest flower auctions.

Have you learnt something new today? Is Holland a place you would like to visit. In school, we have recently had a new map added to the corridor which links to our geography. I wonder how many places I will get to visit in my life time! How many have you been to?



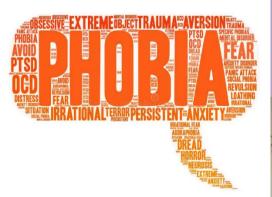
### Values and Phobias

#### BY MAISIE AND ASARA

Mrs Coles delivered an assembly outlining the value of the term, aspiration. This made us think about our own and how we will achieve them by the end of the year. It also got us thinking about things that we may need to overcome in order to achieve them, which then led us to think about phobias. Isn't it amazing how our brains make links. Anyway...

What is a phobia we hear you ask? Well, a phobia is when you are afraid of a certain thing. There are lots of phobias out there and here are just a few:

Acrophobia – the fear of heights
Arachnophobia-the fear of spiders
Trypanophobia-the fear of injections
Glossophobia-fear of public speaking
Aibophobia-fear of palindrome words (which also happens to be a palindrome word!)
Hippopotomonstrosesquippedaliophobia – the fear of long words



Luckily for us at Preston Hedges, we have other values which would help to tackle any fears or phobias including: resilience and self-discipline. Our 6 values underpin everything we do at school and there are lots of opportunities to practise and show them. Maybe now is the time to start thinking about which values badge, aside from and including aspiration, that you want to work towards.

# Riddles

BY ARJUN

A wonderful thing A brain-tickling thing A mind blowing thing.

Are you ready? Lets go...



Q1: The more you take the more you leave behind. What are they?

Q2: What kind of room has no door or windows?

Q3: When things go wrong what can you always count on?

I. Footsteps2. A mushroom3. Fingers

